

BOOK LAUNCH

Seeds of Success and Wealth

The Inner winning habits to achieve lasting success and wealth

by
Dr. Gabriel Tumwine

Seeds of Success and Wealth: *Inner winning habits to achieve lasting success and wealth*

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Introduction

Every one is meant to be successful, however, success is not meant for everyone.

- The Village Champion, 2021

It is interesting to note right from the beginning that everyone is meant to be successful, however, success is not meant for everyone. This is true, that is why there are few people who are successful and wealthy.

The reason why some people are not successful and wealthy is because those who have chosen not to cultivate these habits or have chosen to cultivate and nurture few of the seeds have also obtained the results they have got in their lives i.e. no results or little to show results.

The rich, wealthy and successful have attained that because they planted, cultivated and mastered the habits the successful, rich and wealthy people have. By planting, cultivating and nurturing the seeds of success and wealth, they too have attained success and wealth.

Habits

Good and Bad Habits

Good or bad habits are the seeds that everyone has developed and mastered over period of time and have made you to be who you are. They are developed within you and they are reflected in what you do every day and what you have today.

Through your habits you are what you are, you have what you have and you will become what you become because of the habits you developed, nurtured and kept. What is paramount is that the inside of you can be controlled by you and therefore you can determine and control your destination by controlling your habits – Your success today is as a result of your habits before.

If success and building wealth is what you desire, using the habits described in this book industriously, it is a blank cheque and complement ticket to your success and wealth towards your desired destiny. This control lies in your mind and thoughts-in YOU.

We become what we think about, most of the time

Seed One

Habit of knowing exactly what you want

To be successful in any sort of endeavour, you must have a definite goal towards which to work, you must have definite plans for attaining this goal. Nothing worthwhile is ever accomplished without a definite plan of procedure that is systematically and continuously followed out day by day.

The successful and the wealthy people have what they have because they knew what they exactly wanted in the beginning. They worked and focused on what they wanted, thought about it day and night and they got whatever they strived for. Those people who never make it in life only complain that they have no time to do all that, they believe nature will sort them out and they comfortably move with hope that things will be better in future.

To be or obtain your desired goals, you need to go down and deep in your endeavours to know exactly how much you want, when to have it and see that money in your account. Know exactly the type of the house you desire to have, have a clear picture of the house you want and how many bedrooms it will contain. How many animals do you exactly want on your farm, which breed and kind of the farm they should be in and how many litres of milk you will be producing? Know exactly the type, the make and colour of that beautiful car you want.

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The people armed and destined for success have already designed their lives and put it on their dream charts of what they exactly want and therefore making the decision to utilize money comes in very quickly and clearly because what they want to achieve already exists.

They have designed their lives to be lived with a purpose and in a certain direction. They know what they want to become and have with them the pictures of their exact dreams, they bring their future in their daily life by tracing how the future will look like. They can even tell you the color of the car they want in their life.

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Seed Two

Habit of learning and re-learning to initiate / innovate

People are paid not only for what they know, but more particularly for what they do with what they know, or what they get others to do

“Knowledge is power’ but organized knowledge into an idea which upon is acted into tangible results makes you powerful.

Successful and wealthy people always cultivate and work consistently to sharpen their skills all the time so that they can remain at the top of their games in their particular fields. For example, Bill Gates stays at the top of the game in his field; he applies the habit of learning and re-learning to initiate or innovate.

The habit of learning and re-learning is one of the seeds successful and wealthy people have planted to achieve their great success and wealth. Just observe carefully the business men, great leaders, company owners, managers and religious leaders we meet every day. They have known that the world is dynamic and different things always present themselves every moment and then. These are the same things that determine one’s progress. As the majority of the people tend not to take lead to change accordingly they end up regretting, those who know to cultivate the seed of knowledge gathering, coordination and conceptualization have continuously ruled the world, nation or societies.

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Seed Three

Habit of Self Confidence

One important key to success is self-confidence. An important key to self-confidence is preparation.

Self-confidence puts you in the drivers' seat to drive to your own personal success. The self empowerment gives you the power to take control of your destiny and live your life the way you want it. It is totally the opposite of the people who lack self-confidence, they always panic, blame the roads and people who are around them; they blame the government, the education systems, their back ground, race and end up not reaching their destination.

Self-esteem when combined with self-motivation, determination and will empower most often fuels the individual to always achieve his definite goals or what he exactly wants. The secret to success and or becoming wealth is to be confident in whatever you strive to do or become. Just be. Be confident in what you choose to do. Be confident in your team and the tools you are using. At that moment self-confidence shows you that those are the best tools there is in the world.

Seed Four

Habit of believing in yourself

Believe you can and you're halfway there.

The successful and wealthy people have planted and nurtured the seed of self-belief as they know that in them there is fertilizer to increase on their faith and later harvest the fruits of success and wealth. They have mastered that when you live among self-doubters you are bound to be corrupted with their thoughts, the thoughts of losers. They look out for people who can help them build and increase on their faith. They read or listen to stories of those who have made it in life in the areas of their endeavors or areas they plan to invest in. They use inspiring statements that build their thoughts. In order to succeed in your endeavors, have faith in whatever you do. Don't allow self-doubters corrupt your thoughts, move on with faith until you see your destination. Remember success is when you reach your destination.

We become what we think about, most of the time

Seed Five

Habit of Taking Action

Everything you want is out there waiting for you to ask.
Everything you want also wants you. But you have to
take action to get it

If you desire to be successful and become a person of impact, you need to cultivate the habit of taking action promptly and always. It is clearly stated that Faith without Action is dead one. To imp-ACT one needs to ACT. The assurance is that in whatever you put your efforts, you will obtain results. Positive actions beget positive results and so are the negative actions.

The more efforts you put into something, the results will be equal and more. In other words, your efforts are always rewarded in a proportional way. Meaning when you take no action, the results are clear, of course nothing will be realized. Where your energy is exerted, the effect will exist. Vincent Lombardi clearly said, "There is only one way to succeed in anything, and that is to give it everything".

Truly, the God's nature settled this once and for all and it is also reflected in the law of physics that 'Action and Reaction are equal but opposite.' Literally meaning; 'the more efforts you exert or put in what you do the more results you will obtain.' This applies in your business, education, marriage, farming, and all many more

Seed Six

Habit of Do It Now

For true success ask yourself these four questions:
Why? Why not? Why not me? Why not now?

The only difference between the successful and those who are not is in what they do: The successful always start their journey of success and or wealth while the unsuccessful wait, wish or do nothing at all or procrastinate. When someone tells you that he is going to do it, 90% don't do it, 7-8% try to remember to do it but end up not finishing it and only 2-3% do it. It has been found out that those who do it are the ones who control the successes and the wealth of this world. The seed of Do It Now! is the chief secret of the rich, successful and the wealthy. These people have mastered the habit to an extent that they are addicted to always doing what they are supposed to do immediately. They don't waste time procrastinating (postponing what they are supposed to do now or today for another time or date).

Seed Seven

Habit of Hard Working

Success will go to the one who will push a little harder, go a little further and do a little more. If you want massive success and wealth a little hard work is a requirement.

To obtain success and wealth, one is required to work hard and being smart in other words one needs to work hard with definitive purpose in mind in a specified direction but not aimlessly. That is what it means by working smart. There is nothing that can substitute hard work. Being smart does not matter if you don't work hard but working hard matters especially when you have a purpose. For example, get these two gentlemen. One worked so hard to obtain funds that will help him buy a goat that he will use to multiply and get more goats in future that he will sell to build a house or pay school fees.

The second person also works and instead of buying the goats, he buys the goats meat to eat home with his family. Who has work with a purpose? I know it is debatable depending on the direction you are standing on. Just remember those people we used to call smart in class, are the people who worked hard to attain their desired results. This applies to that same mother, father, teacher, farmer, and any professional.

Seed Eight

Habit of Persistence and Perseverance

Persistence is a great element of success. If you only knock long enough and loud enough at the gate, you are sure to wake somebody.

When you act in a disciplined, persistent and consistent manner, you will certainly achieve that success or wealth far effectively and efficiently. Taking an example of an athlete, who goes through the training, prepares for that Olympic game and the time comes when he has to participate. To win he has to consistently and persistently keep going on running till the end. Some will run faster than the others.

That is natural but others drop out along the way and those are what are called failures. Those who run persistently to the end are winners since they have reached a defined goal. It has been proven that over period of time that those who persist through out to the end of the run keep the spirit of winning the next time the chance appears. They always go back and plan for the comeback. They practice more; work harder with commitment and perseverance.

Seed Nine

Habit of Determination

The most essential factor is persistence – the determination never to allow your energy or enthusiasm to be dampened by the discouragement that must inevitably come

“The difference between the impossible and the possible lies in a person’s determination”. A determined mind always makes impossible possible. With determination, hurdles and obstacles of life seem lighter and achieving your personal goals becomes easier. Determination alone makes you strong and provides you with abilities to face the hurdle or obstacle.

It quickly offers you options of either facing the obstacle directly or go around it to obtain your desired goal or purpose of life. This is how Michael Jordan, one of the successful and famous basket ballers the world has known said, “Obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up, figure out how to climb it, go through it or work around it”.

All of our dreams can come true if we just have the courage to pursue them

Seed Ten

Habit of Courage

Courage is a mighty character of those who seek freedom in any endeavor. It is courage that has created great leaders on planet earth, great preachers, teachers, businessmen and women, better husbands or wives and many more.

Do you want to succeed and accumulate great wealth? The master key is here, take it with you and plant open your personal door to success and wealth. It requires you to cultivate the seed of being courageous. Success and wealth brings along with it happiness and freedom.

Seeds of courage will enable you bear the fruits of daring attitude. The ability of daring will help those who possess it to take action irrespective of tough job ahead. Courage offers that he who possess it to work vigorously and committedly even after repeated failures. Courage offers you determination with firmness of mind and one works optimistically. These are the reasons why people who possess the habit of being courageous pile up success and wealth one after the other.

Seed Eleven

Habit of Focus

Obstacles are those frightful things you see when you take your mind off your goals

In success and wealth creation the secret is to concentrate on what you want rather than on what you wish to have. Be specific, create a picture to the dot of what you want to achieve (color, size, make etc.) and concentrate your efforts on it despite what others may think of you. Concentrate like a 'sniper' until the target is confirmed and shot down.

Without changing your habit of ability to focus and other compelling habits, you may never be able to change the results. Use the available tools not the ones you wish to have, go for what you want. Focus together with determination, self-confidence, faith, courage, perseverance towards your endeavors to obtain what you exactly want, God will bless you and you will emerge a winner

Seed Twelve

Habit of Will Power

You have got to keep on doing whatever it was that made you make it. If it is a cash cow, ride on it until it dies under you... if it was sheer hard work, keep going. But whatever you do don't turn off the tap, unless it runs dry and even then, keep it turned on just in case

A man of strong will-power will always be willing to do things others cannot do. A man of will power will be willing to go extra mile to do greater things which others initially don't see and keep on moving forward even when everyone has left or left with few people alongside him and later on in life other see the results.

People of will power always find something that motivates and inspires them to move even when others disappear or don't see the way. They hold onto their desires to achieve their endeavors and in most cases they achieve. The same will-power that kept Thomas Edison trying 10,000 times to produce a light bulb that is used to date and will always be enjoyed. Nothing will stop you from achieving what you exactly want in life even when faced with hurdles and obstacles or threats in life when you have will-power. Benjamin Disraeli clearly said, "Nothing can withstand the power of the human will if it is willing to stake its very existence to the extent of its purpose"

Seed Thirteen

Habit of Self Discipline

No personal success, achievement, or goal, can be realized without self-discipline. It is singularly the most important attribute needed to achieve any type of personal excellence, athletic excellence, virtuosity in the arts, or otherwise outstanding performance.

Self-discipline is one of the most important seeds that successful and wealthy people endeavor to plant in their daily life and daily activities. Cultivating the seed of self-discipline and developing into a habit contributes greatly to a person's achievements. It is one of known habit that when developed, the rest of the prior shared habits become easy to develop and maintain.

It is being self-discipline that will allow you achieve what you exactly want; seek out for the right information, to take focused actions with determination and ability to go through to the end with persistence and perseverance. It is the habit that will allow you be honest to yourself and to everyone. It is the same habit that will allow you to do the last habit in this book, the habit of saving consistently and persistently.

Seed Fourteen

Habit of integrity and being honest

Honesty and integrity are absolutely essential for success in life - all areas of life. The really good news is that anyone can develop both honesty and integrity.

Successful and wealthy people have mastered the habit of building trust among people. They strive to be honest with their partners or people they deal with. They keep their moral fibers free of hackers; they remain accountable with good work ethics and habits in due course they always succeed more and more in their endeavors because people are willing to work with them. The secret is your network is equivalent to your net worth.

The true rule of life is we harvest what we sow, effects come after an action. The true rich and successful people always plant this seed early in their lives and always work hard to keep it. I can assure you that if you want to build an everlasting success and wealth plant the seed of integrity and being honest to yourself and other people. This is the best seed of success and wealth creation you can always fight hard to protect from being eaten up by the weeds and the pests. Many people destroy their achievements when they destroy this valuable habit.

Seed Fifteen

Habit of sincere desire to help others

Successful people are always looking for opportunities to help others. Unsuccessful people are always asking, 'What's in it for me?'

The successful and the wealthy work in line with what Les brown advices and I will advise you to do the same. He said, "Help others achieve their dreams and you will achieve yours". This is the secret of the successful and the rich and now it is publically put forward for everyone to know and those who practice it become one. It also blessed in holy books. It is the giving hearts that receive.

Therefore if you desire is to become successful in any endeavor (marriage, business, education, anything) learn the habit of willingness to help other without expecting anything in return. Being rich isn't a privilege. Being rich is a right. If you create massive value for others, you have the right to be as rich as you want.

Seed Sixteen

Habit of Saving to Invest

Man's wealth is not in the coins he carries in his purse, it is the income he builds, the gold stream that continually floweth into his purse and keeps it always bulging.

To create a sustainable and lasting success and wealth, you need to save and always grow (invest) your earnings. Learn to plant that seed of saving and this will germinate into something that will give a chance to create the cash flow and do the same, again and again, by making it a habit and success will always be with you and for the next generation. Remember being wealthy is when you have financial independence that you live on income from your resources or assets till you die without working again and the same income supports your children's children.

To become wealthy you need to develop the habit of saving and investing. This philosophy is what makes people become millionaires and billionaires in one generation. The successful and wealthy save their money before spending it. They spend by investing it to bring in more money. Jim Rohn rightly said, "The philosophy of the poor is to spend the money and invest what is left. They would swear to you that there is nothing left, therefore they can't invest."

Book Launch: Seeds of Success and Wealth

For more about the habits,
come for the book launch that
will take place on Friday 17th Dec
2021 at 1:00pm at Kolping Hotel

Questions & Answers

